



KINDNESS IS



**PRACTICING
HONESTY**



#MLKDAY #BEKIND22



KINDNESS IS



**LISTENING TO A
FRIEND IN NEED**



#MLKDAY #BEKIND22



KINDNESS IS



**BELIEVING IN
YOURSELF**



#MLKDAY #BEKIND22



KINDNESS IS



**CALLING SOMEONE
WHO'S LONELY**



#MLKDAY #BEKIND22



KINDNESS IS



**SHARING A
BOOK**



#MLKDAY #BEKIND22



KINDNESS IS



**STOPPING
GOSSIP**



#MLKDAY #BEKIND22



KINDNESS IS



**CARING FOR THE
ENVIRONMENT**



#MLKDAY #BEKIND22



KINDNESS IS



**OFFERING TO
HELP CLEAN UP**



#MLKDAY #BEKIND22



KINDNESS IS



**PLAYING
WITH KIDS**



#MLKDAY #BEKIND22



KINDNESS IS



**BEING GENTLE
WITH ANIMALS**



#MLKDAY #BEKIND22



KINDNESS IS



**HELPING THE
ELDERLY**



#MLKDAY #BEKIND22



KINDNESS IS



**WRITING A NOTE TO
SAY YOU CARE**



#MLKDAY #BEKIND22



KINDNESS IS



**OFFERING A
HELPING HAND**



#MLKDAY #BEKIND22



KINDNESS IS



**TELLING OTHERS
YOU CARE**



**You are loved Thank you
You're an awesome person**

#MLKDAY #BEKIND22



KINDNESS IS



**HAVING A
POSITIVE ATTITUDE**



#MLKDAY #BEKIND22



KINDNESS IS



**SHARING A
PLAYLIST**



#MLKDAY #BEKIND22